



## 2012—Year of Sport How are you celebrating?

London 2012 will be a unique event and as a recognised pre-games training camp, we are a very proud supporter as well as a training venue for the GB Rowing and Canoe team; ideally placed to allow your business to make the most of this once in a life time experience.

### Longridge—The Charity

Longridge is a wonderful community resource, providing opportunities to our young people in a myriad of ways. The most obvious is our outdoor activities that build confidence and character in young people of all backgrounds and abilities. We provide volunteering and work experience opportunities, working with young people that are in care, those with disabilities and those that have made some poor life choices. For all these young people, our training improves their self respect, builds their confidence and gives them practical training and life skills. This enables our young people to make positive choices and make positive contributions to their communities.

#### **To do this we rely on our communities support—on your support.**

You can help in a number of ways:

- **Use the centre**, details of how are detailed over the page.
- **Donate money or equipment**, for which we can offer you a variety of naming opportunities from boats to buildings.
- **Become a Corporate Member**, an annual fee of £5,000 gives you company membership of Longridge. Membership provides an annual team building day for up to 50 people, two dragon boat entries for our annual championship and our Family rate on all courses for all employees.
- **Volunteer**; to run and maintain the centre we rely completely on voluntary support, which comes from individuals, organisations and businesses. Last year local businesses built paths, painted buildings, repaired fences and cleaned boats. We always need help, both outdoors maintaining the centre and indoors, with projects such as setting up CCTV, improving systems and so much more.

Longridge, helps and supports all the young people of our community to be the very best that they can be. We work with local prisons, other charities, children services, youth groups, schools and families. 85,000 young people visited in 2011 and none of this would have been possible without help from organisations such as yours. Our hope is that in this year of sport, you will feel able to help Longridge make a difference and allow our community to be the best it can be.

**To book on one of the above either call us on [01628 483252 ext 204](tel:01628483252)  
or email [amanda.foister@longridge.org.uk](mailto:amanda.foister@longridge.org.uk)**

Quarry Wood Road : Marlow : Bucks SL7 1RE

**Charity Number: 1121239**

## Meetings & Conferences

With our glorious Thames-side setting, Longridge is the perfect setting for a magical and memorable celebration. We have a stunning conference/meeting room, that can comfortably sit 120 people with a balcony and full-sized windows giving a view across our riverside meadows and the river. We work with the nearby hotels to provide residential conferences and over the years we have hosted some truly extraordinary events.



## Team Building Days

We devise team building programmes that respond to the individual challenges faced by our corporate users, these can be as simple as providing teams with a joint exhilarating and rewarding experience or delivering more complex solutions to business challenges.

## During the Games:

**29th July – 4th Aug (Rowing) & 6th – 11th Aug (Kayaking)**



For those of us not fortunate enough to get tickets for the actual games, Longridge is the next best option. We are the nearest training camp to Dorney, we are where many of the Olympians taking part started their careers and many of the GB team trained here in the lead up to the games. So join us for refreshments and a chance to try the sport for yourself and to cheer along our team by watching the action on our big screen.

To find out more about these ideas— or perhaps you have one of your own that we could make happen, call Amanda or email and let her know how we assist your organisation celebrate and enjoy our very beautiful and unique community resource.



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